

## Educaterers Lunch Menu Week 1

Weeks commencing 7/3, 28/3, 2/5, 23/5, 20/6, 11/7.

### Meat Free Monday



(v) Quorn Dippers G.D.E.

or



(v) Veg Korma with Oumph SB.M.D.E  
Oumph the Chunk is a tasty plant based alternative to chicken

### Tuesday



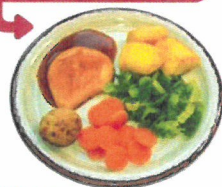
Pork Sausages G.SU.

or



(vg) Plant Power Balls

### Wednesday



British Roast Chicken, Stuffing G.

or



(vg) Quorn Roast G.  
Optional Stuffing G.

### Thursday



Pasta Bolognese G./Cheese D.

or



(vg) Veggie Hot Dog G.

### Friday



Salmon Fishcake F.G.SB.

or



(v) Rustic Cheese  
& Tomato Pizza D.G.

### Week 1 Dessert Menu

#### Every day we offer:

(v) Yoghurt, (D.) or  
fresh fruit as alternative dessert options

#### Monday

(vg) Homemade Flapjack G.  
(v) Cheddar Cheese, Crackers  
and Apple Slices G.D.

#### Tuesday

(v) Homemade Banoffee Cake  
with Toffee Drizzle SB.D.E.G.  
(v) Chocolate Swirl Mousse D.

#### Wednesday

(v) Homemade Strawberry Slice G.  
with Custard D.

#### Thursday

(vg) Homemade Jammy Cookie G.

#### Friday

(v) Ice Cream Tub D.  
(v) Homemade School Favourite Iced Sponge

All our meals include a carbohydrate accompaniment, seasonal vegetables and/or salad. We offer a choice of fruit juice cordial, semi skimmed milk or water to drink. Some schools offer a Hydration Station instead, comprising of unlimited chilled water flavoured with fresh fruit.

**Accompaniments may vary to those shown.**

#### Key

vg = vegan  
V = vegetarian  
D = Dairy  
N = Coconut  
S = Sesame  
E = Egg

G = Gluten/Wheat  
F = Fish  
M = Mustard  
SB = Soya  
SU = Sulphites

### Allergies

Please contact your school cook for information regarding the content of dishes and products on our menu.



## Educaterers Lunch Menu Week 2

Weeks commencing 14/3, 4/4, 9/5, 6/6, 27/6, 18/7.

### Meat Free Monday



(v) Quorn Sausage Pattie D.E.G.

or



(v) Mac 'n' Cheese G.D.

### Tuesday



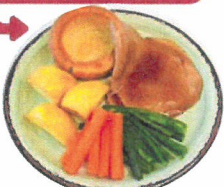
Chicken Pie G.D

or



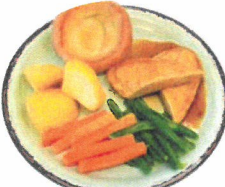
(v) Quorn Dippers G.D.E.  
Creamy Curry Sauce M.D.E.

### Wednesday



Roast Beef in Gravy, York Pud D.E.G

or



(vg) Quorn Roast G.  
(v) Yorkshire Pudding D.E.G

### Thursday



Pork Meatballs G.SU.

or



(v) Vegetable Burrito Bake G.D.

### Friday



Breaded Fish Fillet F.

or



(vg) Breaded Vegetable Fingers G.

### Week 2 Dessert Menu

#### Every day we offer:

(v) Yoghurt, (D.)  
or fresh fruit as alternative dessert options

#### Monday

(vg) Homemade Chocolate Cracknel

#### Tuesday

(vg) Homemade Shortbread G.

#### Wednesday

(v) Homemade Fruit Crumble G.  
with Custard D.  
(v) Ice Cream Tub D.

#### Thursday

(v) Homemade Iced Pineapple Cake G.E.

#### Friday

Jelly with Fruit  
(v) Ice Cream Tub D.

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### Allergies

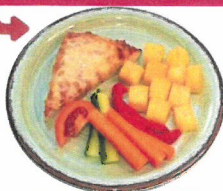
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## Educaterers Lunch Menu Week 3

Weeks commencing 21/3, 25/4, 16/5, 13/6, 4/7.

### Meat Free Monday



**Cheese and Tomato Pizza D.G.**

or



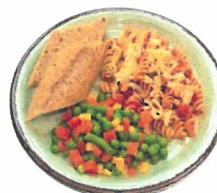
**(v) Sweet and Sour Quorn G.E.**

### Tuesday



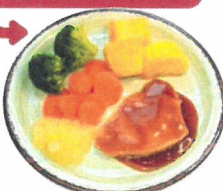
**Brunch: Sausage G.SU. Omelette D.E.**

or



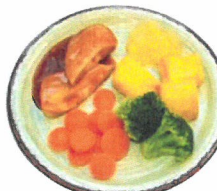
**(v) Cheesy Tomato Pasta G.D.**

### Wednesday



**Roast Pork, Apple Sauce**

or



**(vg) Quorn Roast G. Apple Sauce**

### Thursday



**Beef Grill G. in a Bun G.**

or



**(vg) Plant Power Burger in a Bun G.**

### Friday



**Breaded Fish Fillet F.**

or



**(v) Jacket Potato with Cheddar Cheese D.**

### Week 3 Dessert Menu

#### Every day we offer:

(v) Yoghurt, (D.)  
or fresh fruit as alternative dessert options

#### Monday

(v) Chocolate Mousse with Fruit D.  
(vg) Homemade Cherry Cookie G.SU.

#### Tuesday

(v) American Pancake with Fruit Toppings  
G.E.D. *If served with lemon juice contains SU*

#### Wednesday

(v) Homemade Chocolate  
Orange Brownie G.E.  
with Hot Chocolate Sauce D.

#### Thursday

(v) Ice Cream Tub D.  
(vg) Homemade Ginger Cookie G.

#### Friday

(v) Homemade Sticky Toffee Cake G.E.D.SB.

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