

Shrove Tuesday, Pancake Day

Tuesday 5th March

Shrove Tuesday (also known as Pancake Day) is the day preceding Ash Wednesday, the first day of Lent. The day is known for the eating of pancakes before the start of Lent. Pancakes are eaten as they are a way of using up sugar, fat, flour and eggs, the consumption of which was traditionally restricted during the fasting associated with Lent.

Today's
Lunch Menu
will feature
Pancakes
with a variety
of toppings
for dessert

