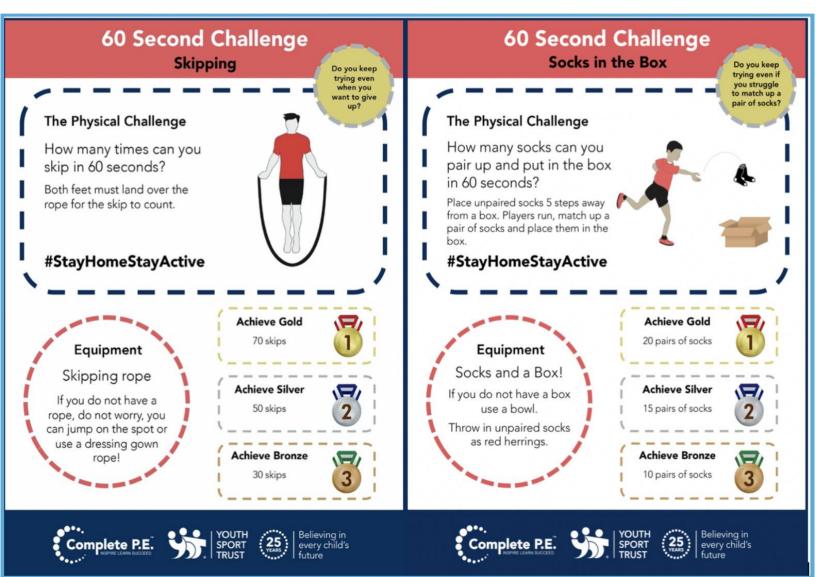


A-Z School Games Challenge

M— Multi-Skills Challenge — 60 Seconds

We would love to see you all being active and improving your physical skills, keep us updated (via Twitter) with your efforts using the #StayInWorkOut and tag @CWSchoolSport









For more Multi-skills ideas have a look here - https://www.youthsporttrust.org/pe-home-learning

