	Autumn 1	Autumn 2 Protective Behaviours	Spring 1	Spring 2	Summer 1	Summer 2
Reception	child's learning is conce develop skills that form progression throughout In the Autumn term ch Understanding Understanding The correct na Who helps kee	n Reception is largely covered in the erned with wellbeing – knowing whe n a crucial foundation for later teach t the school. hildren are taught Protective Behavi	o you are, where you f ning of PSHE/Relations iours which explores he body feelings.	it in, feeling good about thins at KS1. Both curricul	yourself and how to keep ums complement each ot	healthy. Children in Reception

	Autumn 1	Autumn 2 Protective Behaviours	Spring 1	Spring 2	Summer 1	Summer 2
Year 1	 How do we decide how to behave? Understanding our class rules Respecting others' needs and behaviour Listening to others and playing co- operatively. Understanding that feelings and bodies can be hurt To understand that teasing and bullying are wrong. 	 How do we keep safe? Keeping safe in familiar and unfamiliar situations. Understanding secrets and surprises Understanding Appropriate and inappropriate touch. To understand different kinds of feelings and to strategies to manage them. To understand change and loss To learn the correct names for the different body parts Who helps keep us safe; asking for help. #Including (ICT,Road/Fire Safety) # May be taught at different times of the year due to external providers. 	Understanding the wider environment How to respect and care for the local environment. To understand that all living things have rights. To learn about special people who work in our community. To understand the importance of money.	What makes us special? Respecting similarities and differences between people; special people and that everyone is unique but that everyone has similarities To learn about marriage and what it means.	How can we be healthy? Things that keep bodies and minds healthy (activity, rest, food); hygiene routines; healthy choices To learn about household products (including medicines)	Growing up and Change To celebrate strengths and set goals. To learn about growing and changing and becoming more independent

	Autumn 1	Autumn 2 Protective Behaviours	Spring 1	Spring 2	Summer 1	Summer 2
Year 2	How do we decide how to behave?Group and class rules and why they are important; respecting 	How can we be safe? Keeping safe in familiar and unfamiliar situations; secrets and surprises; appropriate/inappropriate touch; who helps keep us safe; asking for help. To learn the correct names for different body parts. Similarities and differences between boys and girls. Learning that bodies and feelings can be hurt. How to communicate feelings and respond also. Rules for keeping safe in different places; including online; people who work in the community; # asking for help; including in an emergency. # May be taught at different times of the year due to external providers.	How can we be healthy? Things that keep bodies and minds healthy (activity, rest, food personal hygiene routines; healthy choices	Growing up and change Recognise what they are good at and to set simple goals. Understanding about growing, changing and being more independent	Understanding the wider environment. To understand that money comes from different sources and can be used for different purposes. To understand what improves and harms their local environment and how to develop strategies to conserve these. To understand that living things and people have rights .	What makes us special? To identify special people in theil lives, what makes them special and how special people care for each other That marriage represents a formal and legally recognised commitment of two people whice is intended to be lifelong. To learn that they belong in various groups and communities such as family and school